



10K/5K/1M Run/walk

Saturday, October 28th 2023

Please join us for The Georgia Urology Fast Pace Race to support prostate cancer awareness and education.

Time: 10K/5K starts at 8:00 AM

Place: Cumming Fair grounds
235 Castleberry Road Cumming, GA 30040
Race Day Registration at 6:15AM.

10k & 5k are USATF certified Peachtree road race qualifiers. Both have over all elevation drops to make for a fast, fun point to point Race. Safe One-Mile Fun Run.

All finishers will receive technical fiber t-shirts. Women's cut shirts offered for early registrations

Awards for 1st, 2nd & 3rd place in each 5-year age groups for 5k, 10k. Plus overall & Masters.

SIGN UP: Online: www.active.com (through Oct. 26, 2023)

By Mail: Fast Pace Race
1765 Hughes Dr. Cumming, GA 30040
(Must be post marked by Saturday Oct. 21nd
Join the FAST Team Challenge for 2023

Early package pick up at TBA on Friday Oct. 26th 23 TBA
Race day package pick up opens at 6:10 am.

Registration Fees: pre-registration 5K, 10K \$20.00 (through 9-27 afterward \$25.00). Race day cost \$30.00. 1-mile fun run \$15.00

Buses available for 1-mile trip to start line boarding at 6:45 am from Fairgrounds by the arena. Covid planning
Parking at 235 Castleberry Rd Cumming, GA 30040 Cumming Fairgrounds. Free overnight RV parking in RV camping lot.

Registration Information and Wavier

First Name: _____ Last Name: _____

Street Address: _____ City/State: _____ Zip: _____

Age: ____ Sex: (circle) **M** **F** Shirt: Women's (S) (M) (L)(XL) Men's: (S) (M) (L) (XL) Youth (M) (L)

Race 10K 5K 1M Email: _____ payable to Fast Pace Race

A prostate cancer survivor? Yes No Team Name: _____ Free Presentation Yes No

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors, club members, volunteers, City of Cumming, Forsyth county, USATF, Goodwill of North Georgia, Inc. and any others associated with the 2023 fast pace race for illness, accident or injury which may result directly or indirectly from my participation. I assume all risk associated with participation in this event. I further state that I am in proper physical condition to participate in this event. I also give permission for use of my name and photo for any pubic account of this event without compensation. No refunds. Race director reserves the right to limit participation. I also recognize that I am at risk of contracting COVID-19 and am responsible for following COVID-19 guildlines on-site and the loccation I choose if virtual running. With full awareness and appreciation of riskinvolved, myself, my heirs, successors and assigns, waive and release any and all claims associated with the Fast Pace Race 2023. Run will be held rain or shine.

Signature: _____ Date: _____ Guardian signature: _____

If participant is under 18 years old